

## Strawberry & Yogurt Parfait

*Recipe and Photo Courtesy of: Kim Byer of The Paper Apron: [www.PaperApron.com](http://www.PaperApron.com)*

### **INGREDIENTS:**

3/4 cup Fresh Strawberries, rinsed and chopped

1/2 cup Plain or Greek Yogurt

2 tsp Local Honey

2 T Wheat Germ or Granola

2 T Chopped Walnuts

1 tsp Bee Pollen

### **PREPARATION & METHOD:**

Beginning with 1/4 cup of strawberries, layer the ingredients (in equal portions) in a tall glass, adding a drizzle of honey after each yogurt layer. For the final topping, sprinkle with bee pollen and add a whole strawberry.

*Yield: One Tall Parfait*